



Thank you for entering this year's race.

Please read this important **Race Information** from **Cork Athletics** carefully ahead of The Echo Women's Mini Marathon on Sunday, September 22.

Please note the following:

1. The race starts on Centre Park Road, Cork at 1pm sharp.
2. Please follow the steward's instructions throughout the race.
3. The race will finish at Kennedy Park on the Monahan Road, Cork.
4. Water and fresh fruit will be available at the finish of the race and is kindly sponsored by Tesco.
5. Enjoy some post-race goodies at the Finish Line Party in Kennedy Park with a DJ and dancing!

ABOUT YOUR RACE NUMBER

- Please ensure to wear your race number on your front only
- Please use safety pins provided to affix the race number to your front
 - Your race number contains a timing chip
- Do not tamper with the timing chip - you will not receive a time if the chip is tampered with

WE REGRET, FOR HEALTH & SAFETY REASONS:

- BUGGIES/PRAMS ARE NOT PERMITTED IN THE RACE
- NO DOGS ALLOWED IN THE RACE (EXCEPT GUIDE/ASSISTANCE DOGS)
 - CHILDREN UNDER 8 YEARS OF AGE WILL NOT BE PERMITTED TO PARTICIPATE
 - NO ROLLER BLADES ALLOWED
- EARPHONES, IPODS ETC. ARE NOT RECOMMENDED

HELP US GO GREEN

We are asking all participants to LEAVE NO TRACE during this year's Mini Marathon, click below to read how you can help

