



4 MILE RUN SATURDAY 8TH SEPTEMBER 2019 AT 12PM ST ANNES PARK

How and where do I collect my number?

- Numbers can be collected from [venue to be confirmed] on **Friday the 6th of September** between **6pm and 8pm**.
- Numbers can be collected on race day, **Saturday the 8th of September**, between **10:30am and 11:45am** from the Race Start area in St. Annes Park, at the end of the main avenue.

Can I register on the day?

We will be accepting a limited number of registrations on the day from 10:30am and 11:45am from the Race Start area in St. Annes Park, at the end of the main avenue.

What is the route?

Directions to the start area will be clearly signposted. Please arrive at the start in good time, the race will start at 12pm sharp.

Where does the race Start and Finish?

The start and finish area are located at the centre of St. Anne's Park, at the end of the main avenue. The start is approximately 3-minute walk from the Red Stables.

Will there be a bag drop?

There will be a bag drop facility in place close to the start line. Please do not leave any valuables, these will be left at your own risk.

Will water be provided?

Water will be provided after the race.

Will there be toilets?

There are several public toilets also located at the Red Stables. Please note that there are no changing rooms available.

How do I get there?

St. Annes Park is a public park situated between Raheny and Clontarf, suburbs on the northside of Dublin.

- By Bus from city centre:

Take the 130 from Lower Abbey Street towards Castle Avenue (stop 1750) on Mount Prospect Avenue opposite Red Stables. Take the 29a from Lower Abbey Street towards Baldoyle (stop 651) on All Saints Road. Take the 31a or b, 32 to Raheny village.

- By Train or DART:

Take the DART or Train to Raheny Station, it is a 20-minute walk approximately to race start.

- Parking:

Red stables off Mount Prospect Avenue (5-minute walk to Race Start)

Mount Prospect Avenue (10-minute walk)

Sybil Hill Road (15-minute walk)

All Saints Park (15-minute walk)

Watermill Road (15-minute walk)