

IMPORTANT INFORMATION.

Thank you for entering the Drogheda & District AC Christmas 5k which will take place on December 16th at 11am. We hope you enjoy your day and get the most out of taking part in our festive event. We will have a range of walkers and runners participating from beginners to some of the best local athletes and hopefully some festive reindeer/ snowmen or Santa's helpers too!

Collection of Race Number & T-shirt

Number collection will be available

Power City M1 Retail Park

Friday 13th 5pm – 7pm

Saturday 15th 12pm – 2pm

Lourdes stadium from 9am to 10:30am sharp on the morning of the event (Sunday 16th).

Please remember that t-shirts are being allocated on a first come first served basis so please do not be disappointed if you do not get your size – t-shirts for adult entries only.

The race number you collect should be the same number on our Participant checklist. Please ensure that have entered the correct details when entered online. Please check your gender, age cat and club details for results puposes. Results will be based on the following age categories.

Male and Female Senior (20 to 39) over 40, 50, 60, and 70. Categories also awarded to junior (U20) and U16 for both male and female.

Race Day

Toilets / bag drop

There will be portaloo toilets and a bag drop at the stadium for use of all participants. Bags left at bag drop are at your own risk and we advise not to store any valuables or money in your bag, this service should only be used for warm clothes to put on after race.

Parking

There is no parking available at the Lourdes Stadium or on Boyle O'Reilly terrace on race day.

There are several car parks within walking distance of the stadium:

Lourdes Hospital car park (parking paid in hospital)

Hunky Dory car park (pay at gate)

Bolton square (meter paid)

******Please respect our neighbours and do not park on their road / outside their houses etc.******

Race set-up/safety

Safety of all our participants is important to us to ensure everybody has a great day. Therefore, we ask that at the start line of race all walkers and 30+ min runners go to the back of the pack with 30 mins or less runners in the middle and sub 25 min runners at the front only. Remember your number is chipped so your time will not start till you cross the gantry.

Please ensure you follow instructions from our stewards at all times. Roads will be temporarily closed as you are one it but please remain vigilant and aware of your surroundings at all times. To respect our neighbours cars may be let out of estates along the route between groups of participants.

Route

The race will start on the start line of track where you will do 300m, exiting the track at this point. You will then leave the stadium out onto the Ballymakenny Road for 2k where you will be guided to do a u-turn and head back towards the stadium. On returning onto the track you will do 500m (100m plus 1 full lap) to the finish line.

Post race refreshments / Prize giving

Post race refreshments tea/ coffee/ hot chocolate and some special festive treats will be served in the Lourdes stadium directly after race.

Please keep and produce your bib number at Last Lap Cafe to avail of your complimentary hot drink.

Prize giving will commence at approx 11:45.

****Results will be available live on our [Facebook](#) page through www.myrunresults.com****

Supporters

Supporters are welcome along the route and at the track but please adhere to what the stewards advise you to do. At the stadium supporters will not be allowed on the track (as

runners will be on it) but will have a great view point at the side of the clubhouse, directly opposite finish line.

We hope you have a great festive fun day

Drogheda & District AC Christmas 5k team

